

# Schedule of Classes

- Session 1: June 20-July 1
- Session 2: July 4-July 15
- Session 3: July 18-July 29

All classes are 30 minutes in length, 4 days a week for 2 weeks. Classes will be held on Monday, Tuesday, Thursday and Friday. NO CLASSES ON WEDNESDAY.

## Start Times

11:15 11:45 12:15 12:45 1:15  
1:45 2:15 2:45 3:15 3:45 4:15  
4:45 5:15 5:45

## Cost

\$60 per group session (4:1 student-teacher ratio)  
\$130 per private session

For more information please contact:

Jessica Brandt  
swimwithjess@yahoo.com  
(925) 595-7496

# Swim Skill Level

## Level 1

For children 3 and older who will not willingly submerge their head. In this class the child will be instructed on overcoming any fear of the water, blowing bubbles, submerging their head, floating with help, kicking, and retrieving objects.

## Level 2

Child enjoys the water, goes under the water willingly and tries to swim. In this class the child will be instructed on independent floating, jumping into shallow water, and introduction to the crawl stroke.

## Level 3

Child can swim from 7 yards and float independently. In this class the child will be instructed on side breathing, endurance, and advanced strokes.

# Full Release and Indemnification Agreement

For and in considerations of my child(ren)'s participation in the within program and other valuable consideration, the undersigned parents or guardians consent to their child(ren)'s participation in lessons with the Springwood Swim Team and release the Swim Team, Swim Club, it's members, officers, or Board of Directors from any liability or claim resulting from any accident or injury sustained by the child(ren) during, coming to or going from said lessons; and we further agree to indemnify and assume all expenses, costs, attorney's fees, and losses arising from said injury or accident to said child(ren) and hold said Swim Team, Swim Club, it's members, officers, employees, and Board of Directors free and harmless therefrom.

Dated \_\_\_\_\_

Signature \_\_\_\_\_  
*In order for your child(ren) to participate in swim lessons, a Parent or Guardian must sign*

## Emergency Contact

Name \_\_\_\_\_

Phone \_\_\_\_\_

# Registration

Fill out registration form, sign release agreement, and send payment.

*If you want to sign your child up for more than one session, this must be done and paid for at the time of registration to hold your child's spot.*

**Registration will be handled in order received**

Sorry, no refunds or make-up classes for missed lessons.

**MAKE CHECKS PAYABLE TO SPRINGWOOD**

Mail form and check to:

Jessica Brandt  
5111 Paul Scarlet Drive  
Concord CA 94521

### Questions?

Jessica Brandt  
Email: swimwithjess@yahoo.com  
Phone: (925) 595-7496

### 2011 Registration Form

Parent name \_\_\_\_\_  
Street address \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_  
Day Phone \_\_\_\_\_  
Cell/Evening Phone \_\_\_\_\_  
Email \_\_\_\_\_

### Child #1

Name \_\_\_\_\_ Age \_\_\_\_\_  
Swim Skill Level \_\_\_\_\_  
1<sup>st</sup> choice session # \_\_\_\_\_ Time \_\_\_\_\_  
2<sup>nd</sup> choice session # \_\_\_\_\_ Time \_\_\_\_\_

### Child #2

Name \_\_\_\_\_ Age \_\_\_\_\_  
Swim Skill Level \_\_\_\_\_  
1<sup>st</sup> choice session # \_\_\_\_\_ Time \_\_\_\_\_  
2<sup>nd</sup> choice session # \_\_\_\_\_ Time \_\_\_\_\_

*Please sign reverse side release, cut out, and mail with payment*



# Springwood Swim Club

Session 1: June 20-July 1

Session 2: July 4-July 15

Session 3: July 18-July 29

[www.springwoodswim.com](http://www.springwoodswim.com)  
Swim Lessons | Swim Club  
Swim Team



# Springwood Swim School

Public Swim Lessons

Located at  
4554 Concord Blvd  
Concord, CA 94521

[www.springwoodswim.com](http://www.springwoodswim.com)

